



# The Future of Healthcare Education with AI

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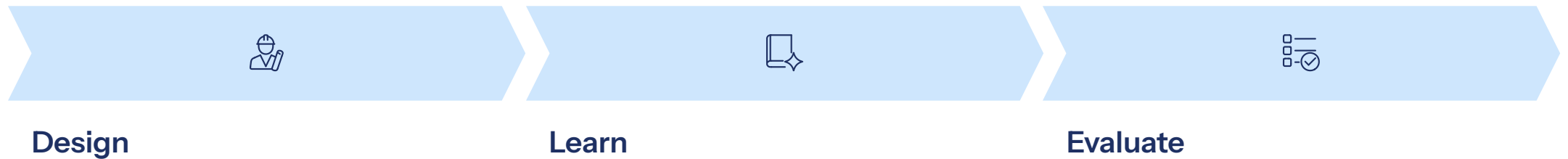
Columbia University School of Nursing

Columbia DSI

VNS Health

NLN Annual Summit Keynote

# What if every student had a coach—and you gained an hour a day?



Adopt—don't abdicate. Three moves: **Design** → **Learn** → **Evaluate** (with guardrails).

# Plan for the next 45 minutes

1

Hook & goals

2

Evidence snapshot: what works / promising / not ready

3

AI in action: demos

4

Risks → guardrails that actually work

5

Educator playbook + standards + 30–60–90 day plan

6

Close & Q&A



# What matters most



**Better clinical reasoning and critical thinking**



**Consistent, timely feedback at scale**



**Minutes back for mentorship—not busywork**



**Academic integrity preserved**



# Your AI Habits

How frequently do you use generative AI tools like ChatGPT, Perplexity, Claude, or Gemini in your daily work or personal life?



**Never**

I haven't started exploring it yet.



**Once a month**

Occasional use for specific tasks.



**Once a week**

Becoming a regular part of my routine.



**Almost daily**

It's integrated into many aspects of my work.



**Cannot live without it!**

An essential tool for productivity and creativity.

# Our running guardrails

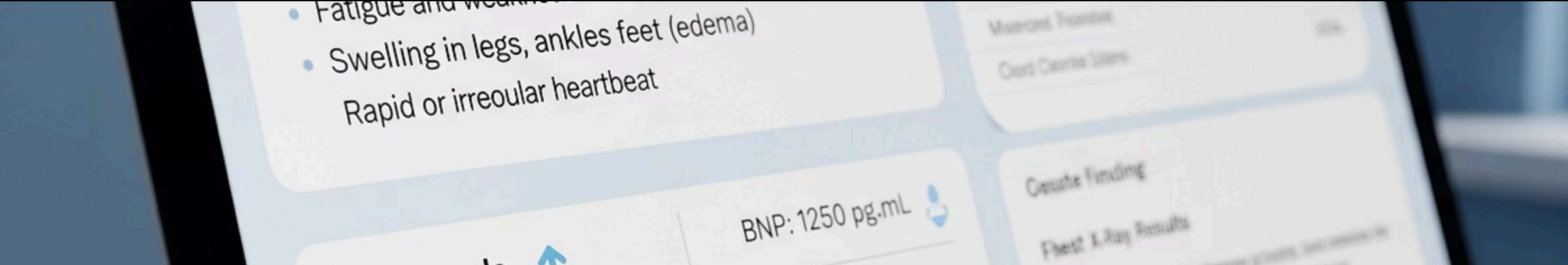
**No PHI**

**AI disclosure**

**Verify facts**

**Human-in-the-loop**

(Topaz et al., 2025)

- 
- Fatigue and weakness
  - Swelling in legs, ankles feet (edema)
  - Rapid or irregular heartbeat

BNP: 1250 pg.mL

## One case across the full learning cycle

### De-identified Mr. J (acute HF):

- dyspnea, orthopnea, edema
- SpO<sub>2</sub> 90% RA
- BNP 1,800
- K<sup>+</sup> 3.3
- CXR congestion

### Student deliverable:

**SBAR** with a single-sentence **Recommendation**.

### Rubric grades:

**S20 / B20 / A30 / R30.**



# Demo part 1 – Dany designs

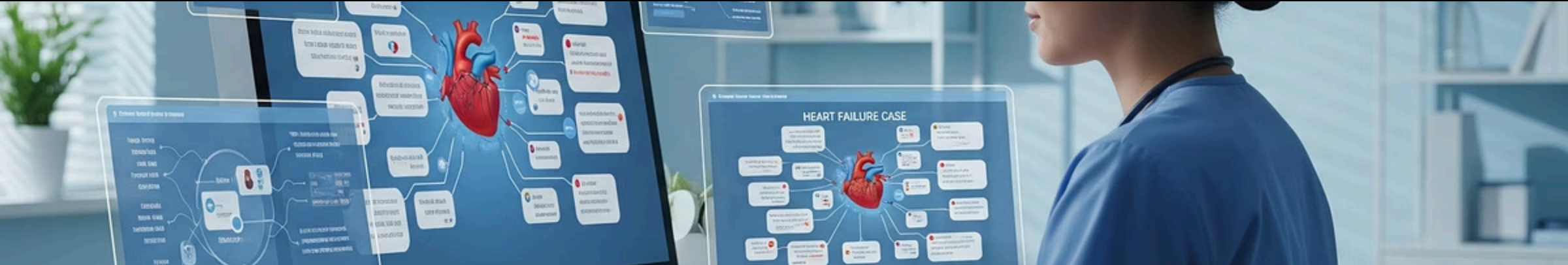
(GPT + Gemini + Gamma)

## Watch for:

assignment clarity, verified facts, guardrails.

## Outcome:

Evidence brief, exemplar SBAR, clean class presentation deck.



## Demo part 2 — Sara learns

(Perplexity + GPT Study + NotebookLM)

### Watch for:

quoted sources, rubric-guided coaching, mind map & podcast.

### Outcome:

more personalized learning; student disclosure + verification.

Analytics AI Assistanck



## Demo part 3 – Dany evaluates (Claude + Perplexity)

**Watch for:**

section scores **and** process checks; cohort heatmap.

**Outcome:**

humane feedback; at-risk outreach; 2-week teaching plan.



YouTube

V2 NLN AI in education keynote



▶ 18:49

# What just happened?



## Dany Designs

Educator used AI to create clear assignments, develop exemplars, and streamline course material preparation.



## Sara Learns

Student leveraged AI for personalized coaching, accessed verified sources, and engaged in safe practice repetitions.



## Dany Evaluates

Educator used AI to provide humane, data-driven feedback and inform future teaching strategies.



# USE SMART AI—not baseline!

ChatGPT 5 Thinking ▾

GPT-5

Auto  
Decides how long to think

Instant  
Answers right away

**Thinking** ✓  
Thinks longer for better answers

Pro  
Research-grade intelligence Upgrade

Legacy models >

Back at it, Max

How can I help you today?

Claude Sonnet 4 ▾

Write Learn </> Code

Claude Opus 4.1  
Powerful, large model for complex challenges

**Claude Sonnet 4** ✓  
Smart, efficient model for everyday use

More models >

Gemini

2.5 Pro ▾

Choose your model

Fast all-around help  
2.5 Flash

**Reasoning, math & code** ✓  
2.5 Pro



# Evidence snapshot: what's working now

# What's working now: AI-supported Simulation

- Safe, adaptive practice for clinical judgment and decision-making
- Strong signals for gains in critical thinking and problem-solving (quasi-experimental)
- Scales diverse cases/voices; zero risk to patients

Reference: Benfatah, D., et al. (2024). AI-assisted debriefing for improved critical reflection in simulation-based learning. *Nurse Education Today*, 129, 105916.

<https://doi.org/10.1016/j.nedt.2023.105916>





## What's working now: Assessment aids

Faster, more consistent comments, with human-in-the-loop grading.

AI-assisted scoring for select formats; faculty review edge cases.

Most useful for low-stakes or formative tasks. Ensure clear policy documentation.

**Reference:** University of Miami. (2024). Gradescope program evaluation: Efficiency and consistency in grading. (Institutional report/webpage).



# What's working now: Course design/curation

AI tools are significantly streamlining the administrative burden of course design and content management, freeing up valuable faculty time.



## Hours Saved

Drastically reduce time spent drafting decks, quizzes, and curriculum maps.



## Content Alignment

Efficiently summarize narrative evaluations and align course content with desired learning outcomes.



## Shift to Mentorship

Faculty time shifts from administrative tasks to high-value mentorship and debriefing with students.

**Reference:** Association of American Medical Colleges. (2024). AI in medical education: 5 ways schools are employing new tools. AAMC News.



# What's working now: LLM tutoring/feedback

## Personalized Coaching & Feedback

AI provides individualized support through adaptive quizzes, strategic hints, and rubric-guided feedback on student drafts.

## Enhanced Learning Outcomes

Early data indicates improved understanding, critical thinking skills, and fostering of self-directed learning.

## Responsible Implementation

AI tools should be leveraged as a "coach," with mandatory student disclosure and verification of AI-generated content.

Khlaif, Z. N., et al. (2025). Using generative AI in nursing education: Students' perceptions. *BMC Medical Education*, 25(1), 926.

<https://doi.org/10.1186/s12909-025-07416-z>

# Promising—and not ready (use with caution)

## Promising:

- competency analytics
- adaptive cases

(Michalowski et al., 2025)

## Not ready:

- black-box auto-grading
- careful with unvetted references
- "AI detectors" as policy

(Topaz et al., 2025)

**Principle:** pilot low-risk tasks first; keep faculty in control.

# The overlooked dark side (why guardrails matter)

Hallucinations and false citations

Bias and inequities in feedback and cases

Privacy/IP and professional boundaries

Overreliance and deskilling without verification

**Action:** design for **disclosure, verification, bias checks, and privacy** (Topaz et al., 2025)



## Ethical Use of AI in Clinical Practice

- AI tools should supplement, not replace, clinical judgment

## Plagiarism and AI-Generated Content

- AI your'se cuplestened of the suving atthe scrested gopences

# Policy you can drop in tomorrow (100 words)

"AI tools may be used for **drafting and feedback**. Students must **disclose** AI use and **verify at least 3 factual claims** outside AI (textbook/guideline). Do **not** enter real patient information (no PHI). Final work must reflect your understanding; you are responsible for accuracy, citations, and professional judgment. AI outputs can contain errors or bias. **Prohibited:** undisclosed AI, caution with fabricated facts/references. Violations follow school academic integrity policy."

# Educator Playbook—Step 1: Form a small AI working group

2–3 faculty across courses, 1 student, IT/security (maybe librarian, legal/ethics)

60-day charter: pick one course + use case; draft policy; define metrics

Outputs: syllabus policy, prompt pack, rubric + process checks, evaluation plan

(Sokolow et al., 2025)

# Educator Playbook—Step 2: Publish a clear policy + syllabus statement

## Allow:

drafting, practice, formative feedback—**with disclosure**

## Require:

**verify facts** outside AI; **no PHI** in public tools

## Prohibit:

fabricated references; undisclosed AI; AI assigning grades

## Grade:

the **work + process**, not "detector" scores

(Topaz et al., 2025)

# Educator Playbook—Step 3: Convert one assignment (process-graded)

## Example:

SBAR on acute HF; **R = one sentence**; 45–60 minutes

## Rubric:

**S20/B20/A30/R30** + process checks (disclosure, verify evidence, bias check)

(Topaz et al., 2025)

## Feedback:

4 section scores, **two concrete edits**, refined "R"

## Keep artifacts:

AI note, verification list, references

# Educator Playbook—Step 4: Teach a verification workflow



**"Verify" targets:** thresholds, first-line actions, dosing/monitoring

**Acceptable sources:** guidelines, textbooks, systematic reviews

Add a 1-line **bias check** (assumptions, access, language)

(Topaz et al., 2025)

# Educator Playbook—Step 5: Run a low-stakes pilot; measure signal

One section; 4–6 weeks; collect rubric data automatically

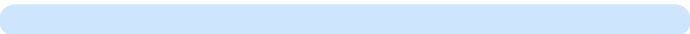
Metrics: minutes saved/faculty; "A/R" gains; verification compliance; reference accuracy

Oversight: privacy review; tool vetting; quick faculty calibration


(Michalowski et al., 2025)



# Educator Playbook—Step 6: Share results; expand thoughtfully



Close the loop: grade analytics → top 3 error patterns → 2-week teaching plan

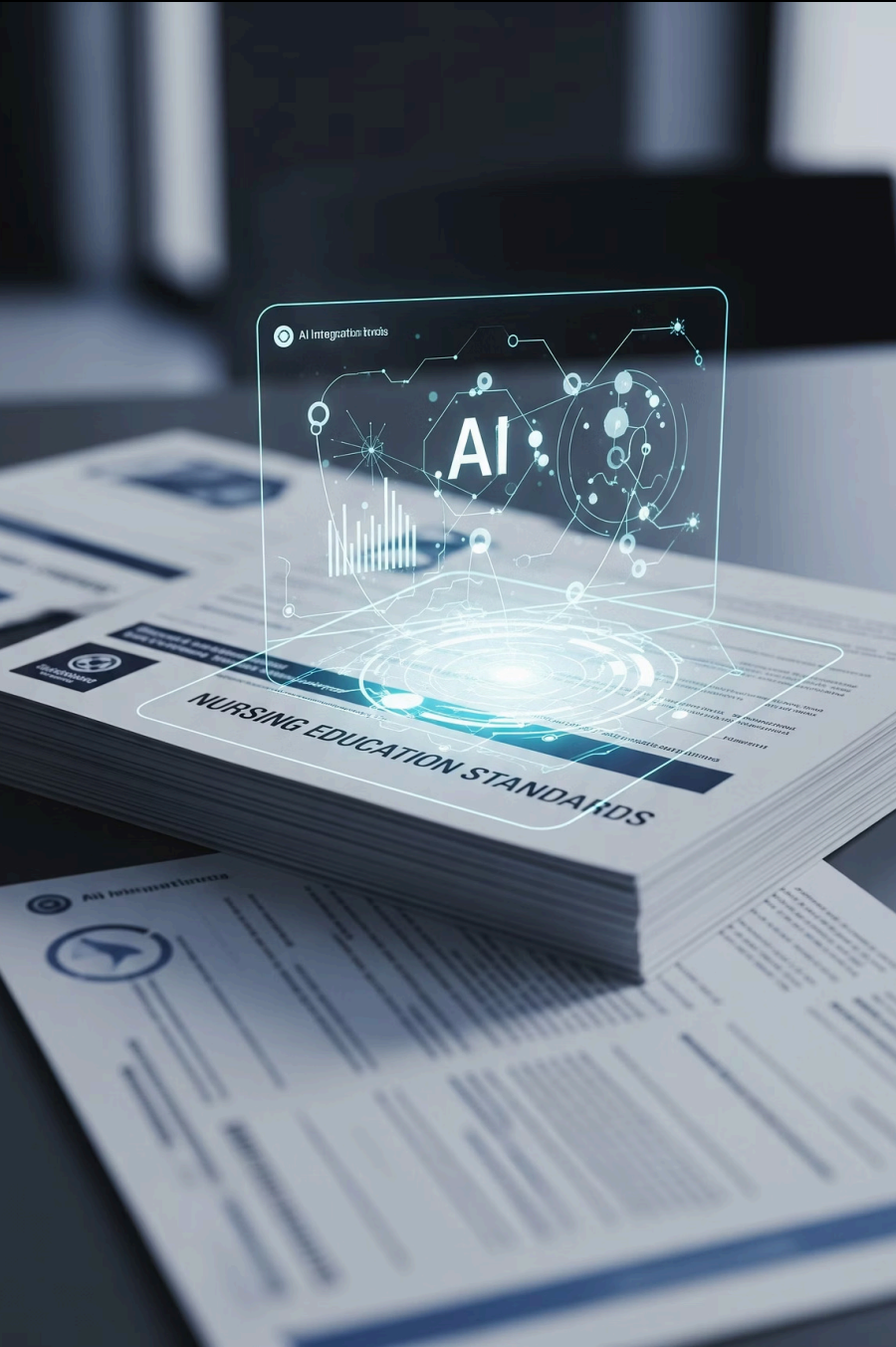


Scale to a second assignment/course; keep guardrails consistent



Build capability: workshops, prompts bank, vetted tool list

(Sockolow et al., 2025)



# Standards alignment

## AACN Essentials:

informatics/tech; quality & safety;  
clinical judgment

## INACSL Standards:

simulation design, facilitation,  
integrity

## NLN priorities:

innovation, data science, rigorous methods

**AI supports - not replaces -  
professional judgment.**

# Summary: 30–60–90 day adoption plan





# What to stop / what to start

## Don't do:

- black-box auto-grading
- chasing AI detectors
- assignments AI can do alone

## Do:

- process-graded tasks
- quoted evidence
- disclosure + verify
- personalized feedback

# NLN Vision on AI in Nursing Education — Key Recommendations (Published TODAY)



## Establish AI Standards

Develop national AI literacy and competency standards, ranging from foundational to advanced and role-specific.



## Build Faculty Capacity

Scale faculty development through short courses, micro-credentials, and interdisciplinary partnerships.



## Integrate AI in Curricula

Weave AI into nursing curricula with hands-on, experiential learning, and agile updates to content.



## Invest in Infrastructure

Ensure equitable access to AI-enabled platforms, advanced simulation technologies, and robust data analytics tools.



## Strengthen Governance

Reinforce school oversight, align with accreditation bodies, and uphold quality standards for AI integration.



# AI Strategic Group Members

## Co-Chairs:



**Jing Wang, PhD, MPH, RN, FAAN**  
Dean and Professor, Florida State University College of Nursing



**Amar Patel, DHSc, MBA, MS, NRP, CHSE, FSSH**  
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## Members:



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## NLN Staff:

**Kellie Bryant, DNP, WHNP, CHSE, FSSH, FADLN, FAAN**  
Director of the Center for Innovation in Education Excellence



Closing thought

**Adopt—don't replace.**

AI should **coach** students and **amplify** educators, never replace either.

# Your Patients Are Already Using AI for Health

**230M**

## Weekly AI Health Questions

Patients worldwide are using AI to ask health questions on platforms like ChatGPT every week.

**40M+**

## Daily Engagements

Over 40 million individuals interact with AI for health-related queries every single day.

**60%**

## U.S. Adult Adoption

Three in five U.S. adults have used AI for health in the past three months.

**70%**

## Off-Hours Consults

The majority of health conversations powered by AI occur outside traditional clinic hours.

**Bottom line:** This is already happening — with or without us.

(Source: OpenAI, "AI as a Healthcare Ally" Report, January 2026)

# The New Frontier: AI Meets Your Health Records



## ChatGPT Health (Jan 2026)

Connect medical records, labs, Apple Health, and wellness apps directly for personalized insights.



## Anthropic's Claude Integration

Now also integrates with health records via connected services like HealthEx, expanding AI-driven health support.



## Interpretive & Preparatory Tools

These platforms interpret lab results, prep users for appointments, compare insurance plans, and track health patterns.



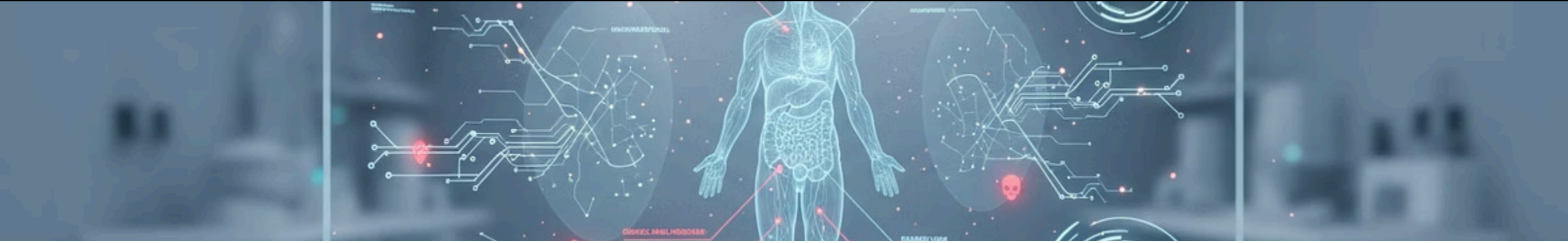
## Siloed & Encrypted Conversations

All interactions are private, encrypted, and explicitly not used to train models, ensuring patient confidentiality.

**"I personally connected my health records — labs, conditions, medications — to Claude."**

**Raise your hand: would **you** do this?**

(Sources: OpenAI, January 7, 2026; Anthropic/Claude connected tools)



# The Largest Uncontrolled Experiment in Healthcare History

## The Problem: Unreliable AI

- Healthcare AI hallucination rates: ~4% for top models, up to 16% overall
- When fed incorrect information, chatbots endorsed fictional medical terms 50–83% of the time
- AI uses MORE confident language when hallucinating — 34% more likely to say "definitely" or "certainly" when wrong
- Not HIPAA-regulated in consumer settings — OpenAI confirmed this explicitly
- No FDA oversight for consumer health AI chatbots

## For Educators: Teach Verification

- Our students and patients are using these tools NOW
- They cannot tell when the AI is wrong
- We must teach verification, not avoidance
- "Adopt — don't abdicate" applies to health AI too

(Sources: Mount Sinai/Communications Medicine, 2025; AllAboutAI Hallucination Report, 2025; MIT, 2025)

# Let's Connect!

[www.linkedin.com/maxtopaz](http://www.linkedin.com/maxtopaz)



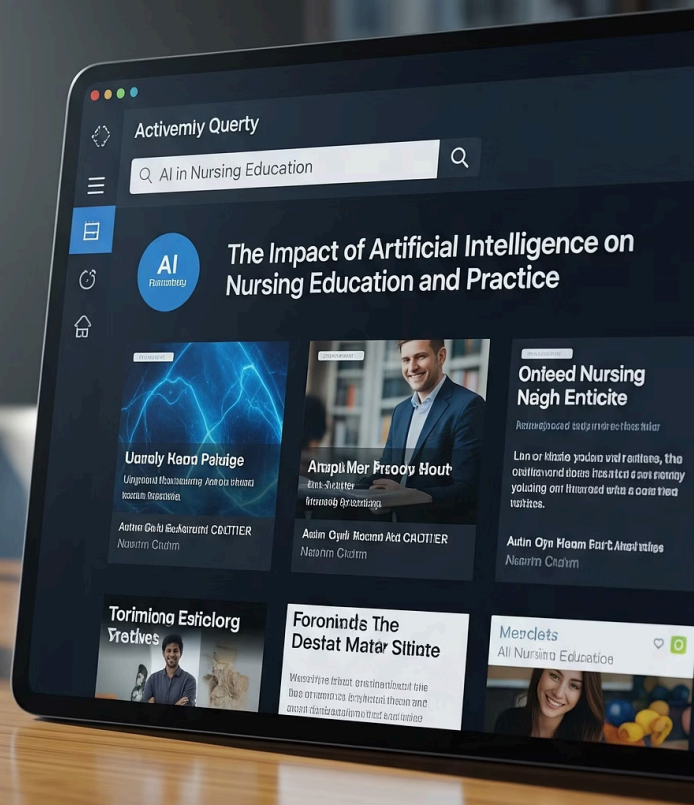
**Maxim (Max) Topaz PhD, RN, MA,  
FAAN, FIAHSI, FACMI**  
AI & Nursing/Health Informatics





**Q&A**

**What would make this doable in your  
course next month?**



## Selected references (APA)

- Topaz, M., et al. (2025). *The overlooked dark side of generative AI in nursing: An international think tank*. *Journal of Nursing Scholarship*.
- Michalowski, M., et al. (2025). *An AI-enabled nursing future with no documentation burden: A vision for practice*. *Journal of Advanced Nursing*.
- Sockolow, P., et al. (2025). *[AI governance in nursing/education—position and implementation guidance]*. *Nursing Outlook*.